

## Rice

1 st. margarine

Saute onion + mango

1 c. regular rice in pyrex

2 cans beef consommé

I use  $\frac{1}{2}$  c government rice on margarine in pyrex  
baking dish

Butter in pyrex. Add onion + pepper, saute in micro.  
Add  $\frac{1}{2}$  c rice + undiluted Campbell's beef consommé.

Bake  $\frac{1}{2}$  -  $\frac{3}{4}$  hr.